

curb your appetite, naturally!

THIN

THE LOW-DOWN

These days, it's all too common to skip a meal or grab some fast food on the way to work...but poor eating habits are what has made America one of the most obese nations in the world. That is why low-calorie, tasty Evolv THIN is your new best friend.

WHAT IS Evolv THIN?

Nutrient-dense Evolv THIN is a flavorful, lightly carbonated beverage that provides the natural appetite-satisfying power of the Cha' de bugre herb in combination with vitamins and amino acids that provide needed nutrition that snacking just can't offer. The THIN proprietary blend improves mental clarity, reaction time, concentration and alertness, too.

HOW DOES IT WORK?

Hunger is a sign that the body needs more fuel. But when you're eating junk and therefore malnourished, hunger signals the need for BETTER, not MORE. Evolv THIN helps you break the bad food habit and its risks of heart disease, diabetes and more, by providing flavorful, appetite-satisfying nutrition.

BASE INGREDIENTS

Carbonated Water, Organic Evaporated Sugar Cane Juice, Mangosteen Puree, Mango Juice (from concentrate), Peach Juice (from concentrate), Dietary Fiber, Natural Flavor, Phyllanthus Emblica Extract, and Stevia.

See page 2 for complete nutrition information.

"In the past, if I didn't eat some chocolate cheesecake every night, I wasn't happy. Now I drink THIN 45 minutes before dinner as part of my BURN84 Challenge, and it has helped me curb my dessert habit."

– Josh Higginbotham
President, EvolvHealth

evolv₂



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THIN

NUTRITION INFORMATION

Serving Size: 8.4 fl oz. (248 ml)
Servings Per Container: 1

	Amount Per Serving	%RDV
Calories (Energy):	50	
Calories from Fat:	0	
Total Fat:	0g	
Total Carbohydrate:	12 g	
Sugars:	10 g	
Dietary Fiber:	1g	
Potassium:	35mg	
Vitamin A (as Retinyl Palmitate)	2500IU	50%
Vitamin C (as Ascorbic Acid)	300mg	500%
Vitamin B1 (as Thiamine Hydrochloride)	1.5 mg	100%
Vitamin B3 (as Niacinamide)	20mg	100%
Vitamin B6 (as Pyridoxine Hydrochloride)	5mg	250%
Folic Acid	800 mcg	200%
Vitamin B12 (as Cyanocobalamin)	15mcg	250%
Vitamin B5 (as D-Calcium Pantothenate)	10mg	100%
Chromium (as Chromium Picolinate)	120 mcg	100%

Proprietary Evolv Thin Blend 420mg
L-Carnitine, N-Acetyl L-Tyrosine, Panax Ginseng, Cha de Bugre, Yerba Matte

Inositol	50 mg	†
Biotin	300 mcg	†
Selenium	140 mcg	†

* Percent Daily Values are based on a 2000 calorie diet.

† Percent Daily Value not established.

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ANTIOXIDANT RICH ••••• ••••• APPETITE SUPPRESSANT

EvolvHealth has made available the appetite suppressing properties of Cha' de Bugre in our very own great tasting Tropical Blend. Control your appetite and revive your day with Evolv Thin.



PROPRIETARY BLEND: Improves energy, mental focus, and concentration for peak performance all day.



CHA' DE BUGRE: The Brazilian super herb known to offer energy, appetite suppression, and ability to help reduce fatty deposits.



TROPICAL FLAVOR: A delicious blend of mango, peach and mangosteen.



evolv™

fuel your body, naturally!

SHAKE

NUTRITION INFORMATION

QUICK FOOD, NOT FAST FOOD!

Evolv SHAKE, available in both delectable Chocolate and ravishing Vanilla, is a delicious blend of many of the vitamins, nutrients, and minerals you need, making it the ideal meal-replacement alternative when you're working toward a slimmer, healthier you.

WHAT IS Evolv SHAKE?

Evolv SHAKE provides a flavorful and nutritious blend of many of the nutrients your body needs for optimal health, without all those fattening calories. Singly-packaged for convenience, SHAKE is easy to take to work, the gym, on the road, anywhere you need fuel without sacrificing nutrition.

HOW DOES IT WORK?

Drinking an Evolv SHAKE in the morning or at lunch satisfies your hunger while giving your body the nutrients it needs to function in tip-top shape.

You can enjoy an Evolv SHAKE mixed with water for ideal hydration, or added to a delicious fruit smoothie combined with Evolv ULTIMATE liquid suspension multi for truly comprehensive nutrition...even more than would be contained in an average meal. Evolv SHAKE also makes an ideal post-workout refresher to replenish and revitalize your body, boasting far more whole-food, bioavailable nutrition than most common electrolyte beverages.

See page 2 for complete nutrition information.

"I'm an accountant. During the tax season it's not unusual for me to work 70+ hours a week. I don't get a lot of exercise, but the Evolv SHAKE satisfies my hunger and lets me focus, so I feel great and stay alert during those long work days."

— Sally Freeman



fuel your body, naturally!

SHAKE

NUTRITION INFORMATION

Chocolate:

Nutrition Facts	
Serving Size (30g) Servings Per Container	
Amount Per Serving	
Calories 110	Calories from Fat 35
Calories from Saturated Fat 10	
% Daily Value*	
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Monounsaturated Fat 1.5g	
Cholesterol 30mg	10%
Sodium 180mg	8%
Potassium 190mg	5%
Total Carbohydrate 9g	3%
Dietary Fiber 6g	24%
Insoluble Fiber 1g	
Sugars 1g	
Protein 12g	
Vitamin A 35%	• Vitamin C 35%
Calcium 40%	• Iron 40%
Vitamin D 35%	• Vitamin E 35%
Thiamin 35%	• Riboflavin 35%
Niacin 35%	• Vitamin B6 35%
Folate 35%	• Vitamin B12 35%
Biotin 35%	• Pantothenic Acid 35%
Phosphorus 35%	• Iodine 35%
Magnesium 40%	• Zinc 35%
Copper 40%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Vanilla:

Nutrition Facts	
Serving Size (28g) Servings Per Container	
Amount Per Serving	
Calories 100	Calories from Fat 35
Calories from Saturated Fat 10	
% Daily Value*	
Total Fat 3.5g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Monounsaturated Fat 1.5g	
Cholesterol 30mg	10%
Sodium 150mg	6%
Potassium 105mg	3%
Total Carbohydrate 9g	3%
Dietary Fiber 5g	20%
Insoluble Fiber 0g	
Sugars 1g	
Protein 12g	
Vitamin A 35%	• Vitamin C 35%
Calcium 40%	• Iron 35%
Vitamin D 35%	• Vitamin E 35%
Thiamin 35%	• Riboflavin 35%
Niacin 35%	• Vitamin B6 35%
Folate 35%	• Vitamin B12 35%
Biotin 35%	• Pantothenic Acid 35%
Phosphorus 35%	• Iodine 35%
Magnesium 40%	• Zinc 35%
Copper 35%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500 mg 3,500 mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients:

Whey Protein Concentrate, Polydextrose, Sunflower Oil Creamer (High Oleic Sunflower Oil, Maltodextrin, Sodium Caseinate (a milk derivative) Mono- and Diglycerides, Dipotassium Phosphate, Tricalcium Phosphate, Soy Lecithin, Sodium Silicoaluminate, Tocopherols), [CHOCOLATE: Cocoa Powder (processed with alkali)], Isolated Soy Protein, Natural and Artificial Flavors (Contains: [CHOCOLATE: Enzyme-Modified Cocoa Butter], [VANILLA: Dextrose and Corn Starch]), Dicalcium Phosphate, BevGrad (Flax Powder), Maltodextrin (Soluble Dietary Fiber), MCT Oil Creamer (Medium Chain Triglycerides, Nonfat Dry Milk), Magnesium Oxide, Cellulose Gum, Salt (Sodium Chloride), Rice Protein Concentrate, Pea Protein, Sucralose, Ascorbic Acid (Vitamin C), dl-Alpha Tocopheryl Acetate (Vitamin E), Cha'de bugre, Biotin, Acesulfame Potassium (Ace-K), Niacinamide (Niacin), Zinc Oxide, Vitamin A Palmitate, Electrolytic Iron, Copper Gluconate, Calcium Pantothenate (Pantothenic Acid), Cholecalciferol (Vitamin D3), Pyridoxine HCl (Vitamin B6), Riboflavin (Vitamin B2), Thiamine Mononitrate (Vitamin B1), Cyanocobalamin (Vitamin B12), Folic Acid, Potassium Iodide.

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